

## Instructions on how to enable parental control in MAC OS

Discover how to set up parental control on your Mac OS device with this step-by-step guide. Protect your family's online experience and ensure a safe digital environmentfor your loved ones.



Step 1: Click the Apple icon and go to System Preferences

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#### Step 2: Click the Parental Controls icon Q Search System Preferences File -Q 0550 New Spotlight Notifications General Desktop & Dock Mission Language Security & Region & Privacy Screen Saver Control V -1.41 Displays Energy Keyboard Printers & Sound Startup Mouse Trackpad Saver Scanners Disk @ \* (0) \* iCloud Internet Software Network Bluetooth Sharing Extensions Accounts Update 1. 11 Date & Time Accessibility Users & Parental Siri Time Machine Groups Controls





#### Step 3: Select the account to modify

•• < > ==	Parental Controls	$\circ \bullet \circ < > \blacksquare$	Parental Controls Q Search	
Ny Child	Parental controls let you manage your child   of this computer, the applications on it, and   Internet.   To change parental control settings, click th   icon to enter the name and password of an administrator.   Manage parental controls from another   To access this computer to change parental controls from another   To access this computer to change parental controls from another	My Child	System Preferences is trying to unlock Parental Controls preferences.   Enter your password to allow this.   User Name:   Password:   Cancel Unlock   User Name:   Cancel Unlock   User Name:   Cancel Unlock   User Name: Use   Or this compare, the applications on the and the internet. Use   To change parental control settings, click the lock icon to enter the name and password of an administrator. Manage parental controls from another computer   To access this computer to change parental control settings, you need the name and password of an Stings, you need the name and password of an	
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Open Parental Controls, open System Preferences, and select Parental Controls.

Click the Web tab. Select Web from the top navigation panel in the Parental Controls panel.

Select Try to limit access to adult websites. This will make the "customize tab" option clickable.

Click Customize. You'll see two sections, one for websites that can always be accessed, and another for websites that should always be blocked.

Click the + or — symbols to add or remove websites. Copy and paste the URLs of the websites you want to allow or block.



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How to control access to the iTunes Store on



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### How to monitor and limit your child's screen time on Mac









#### How to define privacy settings for data sharing on Mac

	Parental Controls	Q Search
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Click the lock to prevent furth	her changes.	Logs ?



The Privacy tab is where you can protect your child's data by specifying the types of information that apps on your Mac can have access to.

# Well done!





